

11<sup>th</sup> Annual  
TGCBCA Sanctioned  
Sour Lake Bar-B-Que Cook-Off  
April 9 & 10, 2010

**RULES AND REGULATIONS**

1. This is an TGCBCA sanctioned Bar-B-Que cook-off, all TGCBCA rules apply.
2. Contestant may begin checking in Friday April 9 from 7 am to 9 pm. Deadline for entering the contest 9 pm April 9, 2010. No more than one (1) team per pit.
3. No pre-seasoning or pre-cooking of the meat is allowed until it has been inspected and approved for cook-off use. Once meat has been inspected and approved it must not leave your contest area.

4.	<u>CATEGORIES</u>	<u>TURN IN TIME</u>
	<b>Friday, April 9<sup>th</sup></b>	
	CHALLENGE – See attached Rules	8:00 pm
	<b>Saturday, April 10<sup>th</sup></b>	
	BEANS - Pinto Beans must be cooked on location	11:00 am
	CHICKEN – Two halves (1/2) of a whole fully jointed chicken	12:30
	pm	
	RIBS – (pork spare ribs only) turn in (7) full ribs, cut apart	2:00
	pm	
	BRISKET – (7) full slices approx. 1/4 to 3/8 inch thick	3:30
	pm	

5. Cooks meeting will be held at 9 am April 10, 2010. Head cook must attend meeting. Turn in container will be handed out at meeting.
6. No sauces or garnishes may be added to judging container. Sauce may be used as mop during cooking but not poured on for presentation.
7. All fires used to prepare meat in this contest must be of wood or charcoal. No gas or electric cooking equipment will be allowed (except for beans competition).

You may use propane to start your fire. No fires on the ground, or dug pits permitted.

8. All entries must be prepared in as sanitary manner as is possible.
9. **Chief cooks will be responsible for the conduct of his/her team and guest. The excessive use of alcoholic beverages shall be grounds for disqualification. Under no circumstances are alcoholic beverages to be sold, or offered in any form to the general public. NO DISPLAY OF ALCOHOLIC BEVERAGE CONTAINERS WILL BE ALLOWED.**
10. It is the responsibility of the Bar-B-Que Team to see that the contest area is kept clean, and that the area is cleaned following the contest.
11. Excessively loud amplified music or public address system are prohibited.
12. Quiet time is 12:00 am.
13. Decision of committee chairman and judges is final.
14. The committee chairman reserves the right to make additional regulations as situation warrants.
15. The Sour Lake Lions Club, City of Sour Lake, County of Hardin, or any one associated with the cook-off will not be responsible for theft, or damage to equipment, or bodily injury of any kind.